

Position	Name	Club	Category	Time
1	John Newsome	Central AC	M	32.22
2	Kyle Geig	Forres Harriers	M	32.42
3	Gordon Lennox	Forres Harriers	M	34.35
4	Kenny Wilson	Moray Road Runners	M	34.37
5	Stan MacKenzie	Forres Harriers	MSV	36.29
6	Andrew Morgan	Forres Harriers	M	36.38
7	Alex Cumming	Corstorphine AC	M	35.59
8	Steve Reeve	Moray Road Runners	MV	37.19
9	Mick Pumfrey	Army	M	37.34
10	Bob Paterson	Forres Harriers	M	39.26
11	Pete Loveless	Unattached	M	39.36
12	Gemma Cormack	Aberdeen AAC	F	39.42
13	Richard Fergus	Army	M	39.47
14	Kirstin Jackson	Australia	FV	40.20
15	Colin Baird	Unattached	M	40.31
16	Darren Cameron	Unattached	M	40.44
17	Kam Ble	Army	M	40.51
18	Mark Brain	Forres Harriers	MV	41.11
19	Lindsay Grant	Forres Harriers	MSV	41.20
20	Keith Webster	Keith & District AAC	MSV	41.25
21	Graeme Whyte	Highland Hill Runners	MSV	41.44
22	Gavin Elliot	Unattached	M	42.03
23	David Godfrey	Unattached	MSV	42.07
24	Hector Cowie	Unattached	M	42.37
25	Ray Aiken	Keith & District AAC	MSV	42.52
26	Ross MacLeod	Forres Harriers	M	43.36
27	Dave Mathers	Keith & District AAC	M	43.42
28	Louise McLean	Army	F	43.44
29	Hamish Cameron	Forres Harriers	MSV	43.46
30	Alexander Jackson	Australia	M	44.16
31	Gerald Evans	Moray Road Runners	MSV	44.23
32	Rich Allan	Nairn Road Runners	MV	44.36
33	Ewan Huck	Jog Scotland	MV	44.47
34	Lachlan Cowie	Jog Scotland	M	44.55
35	Paul McCluskey	Unattached	M	45.14
36	Kevin Graham	Unattached	M	45.16
37	Colin Tait	Unattached	M	45.38
38	Robert MacLean	Unattached	MSV	45.52
39	Jessica Neal	Forres Harriers	F	46.02
40	Campbell Scott	Unattached	M	46.06
41	John McCook	Keith & District AAC	M	46.10
42	Stephen Thomas	Forres Harriers	M	46.20
43	Martin McLean	Inverness Harriers	M	46.39
44	Raffin Alexander	Unattached	M	46.51

45	Callum Smith	Jog Scotland	M	47.03
46	Jackie Nicol	Forres Harriers	FSV	47.07
47	Karen Norvell	Moray Road Runners	F	47.32
48	Helen Low	Moray Road Runners	F	47.32
49	Martin Bain	Jog Scotland	M	47.50
50	Maciej Warys	Unattached	M	47.51
51	George Sneddon	Jog Scotland	M	47.55
52	Mike Gage	Jog Scotland	MSV	47.58
53	Bartholome Eusen	Belgium	MSV	48.12
54	Iain Cackette	Unattached	M	48.22
55	Gordon Paul	Unattached	M	48.22
56	Radka Tvrdikova	Czech Republic	F	48.31
57	Steven Symon	Unattached	M	48.36
58	Douglas Paul	Unattached	M	48.36
59	Lynda Anderson	Moray Road Runners	F	50.29
60	Matthew Young	Jog Scotland	M	50.36
61	Jane Smith	Australia	F	51.40
62	Gordon Main	Nairn Road Runners	MSV	51.42
63	Mike Milmo	Forres Harriers	MSV	52.06
64	Paul McCrudden	Unattached	MV	52.12
65	Robert Bruce	Moray Road Runners	MV	52.25
66	David Dickson	Unattached	M	52.30
67	Fran Russell	Forres Harriers	FSV	52.42
68	Lucille Joannes	Turnbridge Wells Harri	FSV	53.20
69	Sara Huc	Jog Scotland	FV	53.23
70	David Ingley	Moray Road Runners	MSV	54.00
71	Stuart Pottie	Unattached	M	54.00
72	Amanda Strang	Moray Road Runners	FV	54.08
73	Ross MacDonald	Inverness Harriers	MV	54.24
74	Daz Short	Army	M	54.55
75	Alan Rodger	Unattached	M	56.02
76	Jade Stewart	Unattached	F	56.35
77	Kerry Heston	Unattached	F	57.21
78	Anne Phillips	Dundee Road Runners	F	58.23
79	Norma Breathet	Nairn Road Runners	F	58.24
80	Kevin Elliot	Unattached	M	59.50
81	Marion MacLellan	Nairn Road Runners	FV	60.10
82	Charlie Jarvie	Inverness Harriers	MSV	62.28
83	Val Gage	Jog Scotland	FSV	63.07
84	Jackie Clark	Nairn Road Runners	FV	66.45

First Team Forres Harriers