



# Nairn 10k 2010

Sunday 7<sup>th</sup> March  
2.30pm  
Nairn High Street



Promoted under SAL rules. SAL permit event.  
10k entrants must be over 16 years on race day  
Registration – Nairn Community Centre – Nairn (from 1.00pm – 2.00pm)  
Registration will close promptly at 2:00pm  
For up to date race information please visit [www.nairn10k.co.uk](http://www.nairn10k.co.uk)

Entry fee – UNATTACHED RUNNERS -	£9.00	(£2.00 extra if entering on day)
Entry fee – SAL REGISTERED** -	£7.00	(£2.00 extra if entering on day)
Entry fee – Fun Run -	£2.50	on-day entries only – no pre-registration available
<b>Fun run minimum age 8 years (All fun runners aged 8-9 must be accompanied by an adult at all times)</b>		

Please complete in BLOCK CAPITALS

**PRE-ENTRIES MUST BE RECEIVED NO LATER THAN 27<sup>th</sup> FEB & INCLUDE FIRST CLASS SAE**

<b>SURNAME</b>	
<b>FIRST NAME</b>	
<b>DATE OF BIRTH</b>	<b>AGE ON RACE DAY</b>
<b>MALE / FEMALE</b>	
<b>RUNNING CLUB</b> if unattached please indicate UA	
<b>SCOTTISH ATHLETICS REGISTRATION No</b> – ** Registered members of Scottish Athletics qualify for reduced entry fee SA registration number must be quoted for reduced entry rate.	SA
<b>CONTACT TELEPHONE</b>	
<b>CONTACT E-MAIL</b>	
<b>WHEELCHAIR ATHLETE</b> – Please indicate if applicable	
<b>ADDRESS</b> inc Postcode	

*I hereby declare that I am an AMATEUR and that I am medically fit to run and I understand that I enter at my own risk to myself and my belongings and that I will not hold the organisers responsible for any injury, illness or loss to my person or property however caused.*

Signed..... Date.....

Each runner **MUST** supply a standard size  
FIRST CLASS STAMPED ADDRESSED ENVELOPE for confirmation/acceptance.

Cheques payable to NAIRN ROAD RUNNERS  
[www.nairn10k.co.uk](http://www.nairn10k.co.uk) e-mail enquiries – [entries@nairn10k.co.uk](mailto:entries@nairn10k.co.uk)

**UNFORTUNATELY NO PRE-ENTRIES CAN BE ACCEPTED AFTER 27<sup>th</sup> FEBRUARY**  
Return entry forms to – Nairn 10k - C/o Mrs L Scott – 22 Table Rd – Nairn – IV12 5PF