

ARCHIESTOWN 5K

(Part of the Speyside Series - with Dufftown 5 Hills/5 miles 17 July and Knockando Multi Sports Club Windfarm Run/Walk 15th September)

ORGANISED BY KNOCKANDO PLAYGROUP

OPEN TO RUNNERS, JOGGERS & WALKERS OF ALL LEVELS

(Children under the age of 12 must be accompanied by a responsible adult)

COME AND ENJOY THE BEAUTIFUL SCENERY

MEETING IN

ARCHIESTOWN HALL

ON

SUNDAY 14TH JULY 2013

RACE START 11.00am

(REGISTRATION - 10.00AM TIL 10.45AM)

ENTRY £5.00

SPONSORSHIP CAN BE OBTAINED FOR KNOCKANDO PLAYGROUP

REGISTRATION AND SPONSOR FORMS AVAILABLE FROM

www.knockandoplaygroup.org.uk

OR TELEPHONE ELAINE ON 01340 810592

CHANGING/TOILET FACILITIES

POST RACE BUFFET AND REFRESHMENTS

SUPPORTED BY

'STILL RUNNING' DUFFTOWN JOGSCOTLAND

ALL PROCEEDS IN AID OF KNOCKANDO PLAYGROUP FUNDS

(Scottish Charity Number SC014667)

